

Preparing for the TEAS

DAY ONE

Gear up for Success:

Take [TEAS Practice Assessment](#) to determine what areas you need to focus on during your studying.

Join the [ATI TEAS Facebook Group](#) for some great study tips.

DAY TWO

Make a Game Plan:

Review your practice test results and make a game plan for studying and what areas you are going to focus on.

Start with [scheduling your assessment](#)

DAY THREE

Study Day:

Check out these free YouTube videos to review important study topics.

Science Reading
Math English

[More free flashcards!](#)

DAY FOUR

Practice Makes Perfect:

Take one final practice assessment to make sure you are ready. Afterward, review any concepts you did not feel totally prepared for.

[Additional TEAS 7 Practice Exams](#)

DAY FIVE

Test Day:

You've prepared for this, and you are ready! Go crush that assessment!

GENERAL REMOTE PROCTORING REQUIREMENTS

Desktop, iPad, laptop or Mac
You may not take in a Chromebook or smartphone.

Microphone
Internal or external

Webcam
320x240 VGA resolution (minimum)
internal or external

WHAT TO BRING:

A current photo ID
(driver's license, state ID, military ID)

Scrap paper

Pen or pencil
(for calculations)